

4-H News



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

Hickman County

January/February 2024



Cooperative Extension Service

Hickman County
329 James H Phillips Drive
Clinton, KY 42031
(270) 653-2231
Fax: (270) 653-4754
extension.ca.uky.edu

Welcome Friends,

We need to build our 4-H Volunteer base. We need Cloverbud leaders (Grades K-3) and 4-H Camp Adult Leaders. We cannot camp without adult volunteers! We also need to add a couple of folks to our County 4-H Council. A strong 4-H program is dependent on adults and teens sharing their skills, talents and time with others.

All the best,

Melissa Goodman, Extension Agent for
4-H Youth Development Education



FIND YOUR SPARK

HICKMAN COUNTY 4-H

WINTER PHOTO CONTEST

Jan. 1-Feb. 1

CATEGORIES

- Forest- Lg. Area dominated by trees
- Water- Still or Moving
- Plant Life- Photo of Plants
- Natural Scene: Photo Showing a Natural Scene
- Wildlife: Photo showing unrestrained wildlife in natural habitat

EMAIL ENTRIES: mGOODMAN@UKY.EDU

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

Lexington, KY 40506



Disabilities accommodated with prior notification.



Learning & Meeting Calendar

Topic	Date and Time	Location and Age Group
Tri-County 4-H Homeschool Club	January 22 @ 10:00 AM	Hickman County Extension Ages 9-18
West 1 & 2 4-H Area Teen Council	January 22 @ 6:00 PM (Meet at HCEO at 5:00 PM)	Grand Rivers, KY Grades 7-12
3rd 4-H Explorer Clubs	January 23	HCES
4th Grade 4-H Clubs	January 25	HCES
Ready, Set, RUN Parent/ Guardian Meeting	January 25 @ 5:00 PM	Hickman County Extension
Chamber Leadership– Law & Government Day	January 26	Clinton
HCMS 4-H Middle School Club/ HCHS 4-H Club	January 26	HCMS/HCHS
Cloverbuds Club Afterschool	January 29 @ 3:00 PM	Hickman County Extension Ages 5-8
County– Wide Teen Council	January 29 @ 5:00 PM	Hickman County Extension Grades 7-12
4-H Chili Fundraiser	January 30 10:30-1:30	Hickman County Extension \$8.00 per meal
Ready, Set, RUN Club	January 30, Feb. 1, 6, 8, 13, 15, 20, 27, 29	Hickman County Extension Grades 3-8
4-H Council Meeting	January 31 @ 12:00 PM	Hickman County Extension
Extension District Board Meeting	February 2 @ 12:00 PM	Hickman County Extension
5th Grade 4-H Clubs	February 6	HCES
6th Grade 4-H Clubs	February 7	HCES
Reality Store	February 16	HCHS



Kentucky 4-H Summit

Middle School Leadership Conference

March 21-23, 2024 | Price: \$125

Make friendships with 4-H'ers from across the state
Service Project | Fun Workshops | Find your spark
Opportunities to learn and grow

Register by 02/01/24 with your county 4-H Agent

Attention Middle School Youth Grades 6th-8th!

Here's an exciting 4-H Leadership Trip set for March 21-23! Registration forms are available from the Hickman County Extension - 4-H office.

Registration forms and a \$125 fee are due by Feb. 1, but it's first come, first serve for only 11 spots, so don't delay! Transportation is provided from the 4-H office to West KY 4-H Camp in Dawson Springs!

Leadership | Nightly Dances | Time w/ Friends | West KY 4-H Camp at Dawson Springs



Sign Up for our Digital News, by scanning the QR code below and filling out the form. 4-H Focus will be a way to quickly disseminate information about County, Area and State 4-H Programs.



Run Club, Afterschool Programs and much more are coming....

Sign up for Hickman County 4-H Remind. Our Remind Code is 4h-hc. You can text the message @4h-hc to the number 81010 or On your iPhone or Android, open your web browser and got to the follow link: rmd.at/4h-hc





DID YOU KNOW...

You can get your Hunter Safety- Orange Card at 4-H Camp with Hickman County this summer.

Registration Open Now
4-H Camp May 27-30

Quote of the Month

"I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character."

- **Martin Luther King, Jr.**

What we are excited about?



4-H Camp Registration, Middle School 4-H Summit, and our first fundraiser to help kids go to CAMP!!!

How can we make a difference?

Become a 4-H volunteer & help us grow!

KENTUCKY 4-H WRITTEN COMMUNICATIONS CONTEST

The 4-H Written Communications Contest is a state level competition for youth ages 9-18 who have a passion for writing.

Categories include:

- Songwriting
- Poetry
- Original Monologue
- Press Release
- Public Service Announcement
- "What 4-H Means to Me" Essay



Email



mgoodman@uky.edu
for 4-H written Communications Contest participant packet.

Deadline to enter is February 24 at noon.

County winners go to state!

HCHS 4-H Middle School and HCHS 4-H Teen Club will meet January 26 on HC Club Day.

Participant Forms are required. This is a free club, so no dues.



HOMESCHOOL 4-H CLUB

Join us for the Tri- County 4-H Homeschool Club Kickoff! Open to youth 9-18 in Carlisle, Fulton, and Hickman Counties.



Monday, 22 January 2024
10:00am - 12:00pm

Hickman County Extension Office, 329 James H. Phillips Drive, Clinton, KY 42031

- 270-236-2351, Fulton Co.
- 270-628-5458, Carlisle Co.
- 270-653-2231, Hickman Co.

JOIN NOW

HICKMAN COUNTY 4-H

JOIN OUR CLOVERBUDS CLUB

EXPLORE 4-H IN A POSITIVE AND FUN ENVIRONMENT



Make a fun and nutritional snack each club meeting, explore the seven areas of 4-H through hands on activities, and learn about good character and citizenship!

JANUARY 29TH 3:00-4:00 PM
HICKMAN CO. EXTENSION OFFICE
CALL 270-653-2231 TO REGISTER
MAX. 25 YOUTH

AGES 5-8
AS OF JAN. 1, 2024



If you would like to be a part of growing the 4-H program in Hickman County, we are needing to add members to the Hickman County 4-H Council. Let me know and we would love to extend an invitation...

CORE CONTENT AREAS

- Agriculture**
- Communications & Expressive Arts**
- Family & Consumer Sciences**
- Health**
- Science, Engineering & Technology**
- Leadership**
- Natural Resources**





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COOPERATIVE EXTENSION



Grades
3-12

Sessions
start
January 30

Ready Set Run

Registration Starts This Week

12 weeks to build stamina
to walk/run a community 5K

Program Fee \$30.00

Pre-Register by Jan. 25

Mandatory Parent/Teen Meeting via Zoom/In-Person January 25, 5:00 PM



#KY4H #UKFCSExt #KYExtension



4-H Communications Contest

three ways to compete



More information coming soon on 4-H Communication Day! Stay up to date by subscribing to digital media and/or following social media.



Speeches

Ages 9-18
Any Topic
9-13 3-5 min.
13-18 5-7 min.



Demos

Demonstrations
Ages 9-18
5-15 minutes
Poster req'd



Interviews

Mock Interviews
Ages 14-18
Resume Required



Hickman County Communications Contest

April 15, 2024 5:30 PM



WHEN HICKMAN COUNTY SCHOOLS ARE CLOSED, EXTENSION PROGRAMS ARE ALSO CANCELLED

Please check our Facebook page or call the office for updated program and meeting updates or cancellations

*General Inclement Weather Policy
for the safety of our clientele*

Join Us for Lunch!

Chili



4-H FUNDRAISER LUNCH

TUESDAY,
JANUARY 30, 2024

Help kids go
to 4-H camp
& participate
in area/state
programs

10:30 AM- 1:30 PM AT THE HICKMAN
COUNTY EXTENSION OFFICE

Chili with Fixings, Hotdog, and
Homemade Dessert. Lunch is pick-up
or eat-in only. Quarts may be available.

Sponsored by the Hickman County 4-H
Council and 4-H Parents.

PICK-UP OR EAT-IN
\$8.00 PER PERSON



For more information:

hickman.ext@uky.edu or
270-625-2231



County Teen Council

Prep, Baking & Cooking for 4-H Camp
Scholarship Fundraiser

County-Wide Teen Council
Open to all Hickman County Teens
Grades 7-12

January 29
5:00 PM @ Hickman County
Extension Office

Leadership- Games- Food

County 4-H Teen Council
is Open to all
Hickman County Youth
Grades 7-12

RSVP 270-653-2231

Join us January 29 5:00 PM



4-H GROWS HERE



Follow us
@hickmanco4H

Save the Dates

- 10/27 - West KY Teen Retreat
- 11/16-18 - Issues Conference
- 3/21-23- 4-H Summit
- 6/11- 14 State Teen Conference

GOODWILL MEETS 4-H • 2024 UPCYCLE CHALLENGE •

OVERVIEW

Each participant (must be in grades 8-12 to participate) will receive a \$20 Goodwill voucher for the purpose of collecting materials from their local Goodwill store. Vouchers can ONLY be used at Goodwill locations listed on www.goodwillky.org/4H.

Participants will use their sewing skills to revamp the items, turning something old into something new, based on the 4-H upcycling guidelines.



DATES

- FEBRUARY 28:** FINAL day to sign up with your 4-H agent
- MARCH 5:** Goodwill vouchers will be mailed/distributed
- APRIL 26:** Deadline to submit photos to www.goodwillky.org/4H
- MAY 13-17:** Voting will take place on Goodwill's Facebook & Instagram (@goodwillky)

PRIZES

- 1st place:** Teen Conference registration + \$100 Goodwill gift certificate
- 2nd place:** \$150 toward Teen Conference registration + \$50
- 3rd place:** \$40 Goodwill gift certificate
- 4th place:** \$30 Goodwill gift certificate
- 5th place:** \$20 Goodwill gift certificates



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*Volunteers
Needed*

**HICKMAN COUNTY 4-H IS IN NEED OF
VOLUNTEERS FOR 4-H SUMMER CAMP 2024**

For questions contact us at 1-270-653-2231

**To pick up a volunteer application packet
stop by the Hickman County Extension Office
at 329 James H Phillips Drive, Clinton, KY 42031**

**4-H SUMMER CAMP IS MAY 27TH
THROUGH MAY 30 2024**

Melissa Goodman
Hickman County Agent for 4-H
Youth Development



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LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.

CAMPING WITH CARLISLE, CALLOWAY, CHRISTIAN, GRAVES AND HICKMAN COUNTIES



UK Cooperative Extension Service

SCHOLARSHIPS AVAILABLE

PRESENTS

\$290.00



Overnight summer camp for youth ages 8-15* at West Kentucky 4-H Camp in Dawson Springs, KY. Pre-registration and \$50 deposit due ASAP. Spaces are limited and are first come, first serve and BASED ON HOW MANY ADULT CHAPERONES CAN ATTEND! See back for more information and pre-registration form. Scholarships/Financial Help available.

SAMPLE CLASSES

- CANOEING
- NATURE
- ARCHERY
- ARTS AND CRAFTS
- RIFLE
- SWIMMING
- FISHING
- ROPES AND ROCK WALL
- AND MANY MORE



Stay in air-conditioned cabins with friends! Take fun classes every day! Afternoon recreation, GAGA BALL, pool time, Mega Relay, nightly dances & more!

For more information, please contact:
Melissa Goodman or Cindy Anderson
Hickman County 4-H Youth Development

Hickman County Extension Office
329 James H Phillip Drive, (PO BOX 198)
Clinton, KY 42031
Phone: (w) 270-653-2231
email: cindy.anderson@uky.edu



***8-year-old campers must be entering fourth grade in summer 2024. 15-year-old youth may go as campers or apply to be counselors-in-training. Age is determined by the first day of camp—May 27, 2024.**

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4-H Camp Dates to Remember:



**All forms and fees should be mailed to or dropped off at the Hickman County Extension Office at PO 198 (329 James H Phillips Drive), Clinton, KY 42031
Call 270-653-2231 for more info.**

- ASAP** Turn in pre-registration form and \$50 deposit to hold your spot
- February 15** Scholarship Applications Due (Requires Scholarship Form from Extension Office, Essay, Camp Pre-registration Form and \$25 Deposit)
- March 1** **PRIORITY DEADLINE** to turn in Pre-registration form and \$50 Deposit
Extension Office will mail registration packets to be completed
- April 29** Camper & Parent Orientation, Extension Office, 12:00 pm or 6:00pm
All campers must be represented at an orientation session!
ALL fees and forms due on or before this date--NO EXCEPTIONS
- May 27-30** 4-H Camp!!!



4-H CAMP 2024 PRE-REGISTRATION FORM

DUE WITH \$30 DEPOSIT ON OR BEFORE MAY 1! LATE REGISTRATION MAY BE AVAILABLE--CALL FOR INFO.

Name:

Address:

City/State:

Zip Code:

Phone:

Name of Parent or Guardians:

Boy Girl (Please circle)

Birthdate:

Age:

Grade:

School:

Email:

Cabin Buddy: 1.

2.

Shirt Size: Please circle: YS YM YL AS AM AL AXL A2XL A3XL A4XL

Applying for a scholarship? Yes No

Parent/guardian interested in attending as a counselor? Yes No

Name: _____ Gender: M/F

Please note, we **MUST** have counselors attend from our county. Camper spaces will only be available once a counselor has been secured to cover the counselor-to-camper ratio. Be a counselor, be a lifechanger--give a child the gift of an unforgettable summer!

OFFICE USE ONLY: DATE RECEIVED:

DEPOSIT:

METHOD OF PAYMENT:

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LEARNING.

DOING.

MAKING THE BEST BETTER.

